



# Cagliari

Photo: Effervescing Elephant



cristianocani



Daniela



Photo: Chris

The narrow and often steep granite paved streets of Cagliari's Castello District suggest a bygone age when the town was dominated at first by Pisans, and later by the Aragonese. Built from white limestone, the walls and towers of the old town shimmer in the sun and are a magnificent sight, especially if you are fortunate and approach from the sea, like the English novelist, D.H. Lawrence, in 1921, when he described the old town as looking like "Jerusalem without trees."

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### Top 5

#### Bastione San Remy

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#### Porta dei Leoni

Check out this intriguing gate leading to the Castello with two Romanesque lions' heads above the arch. The "Lion's Gate" used...

#### Roman Amphitheatre

The Anfiteatro Romano was hewn out of limestone rock in the II century AD, and is today an important remnant from the Roman do...

#### San Saturnino

Basilica di San Saturnino is one of the oldest Christian churches on the island and dedicated to the patron saint of the city...

#### Torre dell'Elefante

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## THE CITY



Photo: Chris

Cagliari, or 'The Castle' in the Sardinian dialect, is the capital of the Italian province and island of Sardinia. Although most of the present town was built after the 12th century, Cagliari, like the rest of the island, was first settled by Phoenicians, who called the town Kàralis or 'city of rock,' and then by the Carthaginians.

The Romans were here of course, and left their mark with a fine amphitheatre and villas but it was not till the 12th century that Cagliari saw a settled period again, first under the Pisans, followed by the Aragonese, and eventually by the Dukes of Savoy - who styled themselves as Kings of Sardinia.

Modern Cagliari reflects all of these influences.

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## DO & SEE



Photo: Vasile Cotovanu

Around the citadel the streets of the Marina and Stampace Districts are lined with fine 19th-century Italian buildings. The elegant Via Roma, running parallel with the sea, has plenty of shops while the tree-lined Largo Carlo Felice and Via Regina Margherita, are a pleasure to stroll along as you walk toward the Castello. The Castello District, with its Pisan and Aragonese heritage, is well worth the climb (lifts are available) from the Marina, if only to enjoy the expansive views of the Santa Gilla Lagoon and marshes to the west.

### **Bastione San Remy**

The Bastion of Saint Remy was built in classical style, linking the three southern embankments of Santa Caterina, Zecca and Sperone, to join the Castle district with the lower districts Villanova and Marina. The terrace at the southern end of the Castello offers a magnificent view over the sea and marshes to the west.

Address: Via Torino 16, Cagliari

### **Porta dei Leoni**

Check out this intriguing gate leading to the Castello with two Romanesque lions' heads above the arch. The "Lion's Gate" used to be the southern entrance to the castle district.

Address: Via Giovanni Spano, Cagliari

### **Roman Amphitheatre**

The Anfiteatro Romano was hewn out of limestone rock in

the II century AD, and is today an important remnant from the Roman dominion in Sardinia. With an active imagination, you can see yourself being part of this era.

Address: Viale S. Ignazio da Laconi 19, Cagliari

Phone: +39 338 277 4790

Internet: [www.anfiteatroromano.it](http://www.anfiteatroromano.it)

### **San Saturnino**

Basilica di San Saturnino is one of the oldest Christian churches on the island and dedicated to the patron saint of the city. It is lovely situated in Villanova.

Address: Piazza San Cosimo, Cagliari

### **Torre dell'Elefante**

The Pisan Tower of the Elephant is called such because it has an elephant statue on the wall. It guards the southern entrance of Su Casteddu and is the only medieval tower still standing.

Address: Piazza San Giuseppe, Cagliari

Phone: +39 070 409 2306

### **Nora**

This is the site of the ancient city founded by the Phoenicians, although most of the ruins are Roman. According to legend, this city was founded by the son of mythological God Hermes and Eriteide.

Nowadays Nora is an open-air museum and during summer time you can come here for a concert.

Address: Nora, Pula, Cagliari

More Info: S.W. of Cagliari and four km South of Pula

### **Cathedral of Santa Maria**

The Cathedral of Santa Maria was constructed by the Pisans and restored during the 1930's. Inside there are two pulpits sculpted by Guglielmo da Pisa and several other fascinating features like white marble lending a magical quality to the place.

Address: Piazza Palazzo 4, Cagliari

Phone: +39 070 663 837  
Internet: [www.duomodicagliari.it](http://www.duomodicagliari.it)

### **Orto Botanico**

The botanic garden has over 500 species of tropical plants together with many Mediterranean varieties. There is also botanic museum if you would like to learn more about flora and fauna.

Address: Viale Fra Ignazio 11, Cagliari  
Phone: +39 0706 753 512  
Internet: [www.ortobotanicoitalia.it](http://www.ortobotanicoitalia.it)

### **Island of San Pietro**

Island of San Pietro (Isola di San Pietro) is located off the coast of Sulcis, in the southwest of Sardinia which makes it a perfect day trip from Cagliari. The island can be reached by ferry from Calasetta and takes about 30-40 minutes. But be aware the public transport can be a mess and you never know when the bus arrives, but, it will be worth the trouble. The island offers amazing surroundings and beautiful beaches around the attractive coast - some even call this island "a piece of heaven".

Address: Island of San Pietro

### **Spiaggia Mare Pintau**

With only 20 minutes by car you can reach this amazing beach. The car ride itself will be an experience due to amazing roads with the most spectacular views ever. There are no restaurants and bars by the beach so you probably need to bring along some food and drinks. Also good to know, the beach is not sandy but a little rocky and can be difficult to reach when climbing down from the hills, however it will be worth it because the colour of the sea is astonishing.

Address: Spiaggia Mare Pintau, Cagliari

### **Archaeological Museum**

This great museum is located in a former arsenal (Regio Arsenale) and contains many high quality objects and artefacts from Sardinia's past. On display are

archaeological finds dating as far back as the Pre-Nuragic era (6000BC) and the Nuragic period.

In the same complex you will also find the National Art Museum and a museum of Oriental Art.

Address: Piazza Arsenale 1, Cagliari  
Phone: +39 070 655 911  
Internet: [www.archeocaor.beniculturali.it](http://www.archeocaor.beniculturali.it)

### **Poetto Beach**

Poetto Beach is a beautiful 6 km beach only 10 minutes' drive from the city centre. The white sandy beach and the crystal clear blue water makes it a popular place to relax. If you are hungry or thirsty, do not worry, there are restaurants and bars around the area.

Address: Lungomare Poetto, Cagliari

### **Spa and Wellness**

Sardinia is the Island of wellness and here you can unwind and relax in one of the many spa resorts. You decided whether you need a thermal bath or a relaxing massage. In hotel Antiche Terme di Sardara you will find treatments like peeling, Turkish bath, deep cleansing facial and relaxing anti-stress massages.

Address: Santa Mari Acquas, Cagliari  
Phone: +39 070 9387 200  
Internet: [www.termedisardara.it](http://www.termedisardara.it)

### **Diving and Snorkeling**

Sardinia is the ideal place to practice diving and snorkelling due to the crystal clear sea and the 1849 kilometres of coastline. Here you can still enjoy breathtaking unspoilt nature under the water with sea-beds rich in relicts and fish.

There are plenty of authorized diving centres to choose from. One of them is Morgan Diving that also provides excursions for the whole family to the protected Marine Park of Villasimius with the opportunity of snorkelling.

Address: Porto Turistico Marina di Capatana, Cagliari  
Phone: +39 070 80 50 59  
Internet: [www.morgandiving.com](http://www.morgandiving.com)

### Surfing and Windsurfing

Are you up for a thrilling sea activity? There are plenty of places where surfing and windsurfing can be practised in Sardinia; one of them is in Poetto in Cagliari, although the area of Oristano is considered the paradise for waves.

The Windsurfing Club in Cagliari provides a range of courses.

Address: Viale Marina Piccola, Cagliari  
Phone: +39 070 37 26 94  
Internet: [www.windsurfingclubcagliari.org](http://www.windsurfingclubcagliari.org)

## DINING



Photo: *claire rowland*

Despite the fact that Sardinia is surrounded by the sea, the best known dish is porceddu - roasted suckling pig. This does not mean that seafood is not popular. Around the coast, especially, barbecued fish such as striped bream, sea bass, red mullet and grey mullet are enjoyed.

Sardinians are very proud of their culinary traditions, so don't look for typical Italian or International food – appreciate the unique flavours of island cuisine and, in particular, look for the delicious bread varieties such as su cifraxu and cheeses such as pecorino sarda.

### Convento San Giuseppe

Arguably the best restaurant in Cagliari, this ancient building dating back to 1270, offers the diner the choice of

several dining halls in which to sample the excellent fare.

Address: Via Paracelso snc, Prolungamento via Parigi, Cagliari  
Phone: +39 070 50 33 43  
Internet: [www.conventosangiuseppe.com](http://www.conventosangiuseppe.com)

### Corsaro

This family-run restaurant is among the most famous restaurants on the island, offering traditional dishes with great attention to detail. Specialities: tagliatelle with mussels, scorpion fish with cherry tomatoes and eel with pecorino cheese.

Address: 28 Viale Regina Margherita, Cagliari  
Phone: +39 070 66 43 18  
Internet: [www.dalcorsaro.com](http://www.dalcorsaro.com)

### La Marinella

Enjoy the speciality of the house, grilled fish, overlooking the beautiful beach at Poetto. If fish is not to your taste then excellent meat dishes or even pizza may fit the bill.

Address: V. Golfo di Quartu 47, Cagliari  
Phone: +39 070 81 01 26

### Restaurant Quattro Mori

This family-run, tavern style restaurant offers a relaxing atmosphere in which to enjoy the very special local fish specialities. It is worth booking ahead as the restaurant is often very busy both at lunchtime and in the evening.

Address: Via Angioy 93, Cagliari  
Phone: +39 070 65 02 69

### Al Solito Posto

Al Solo Posto in the old centre to the east of the Castello is a pizzeria which also serves typical Sardinian dishes, which makes for a great combination.

Address: 2 Piazza Di S. Giacomo, Cagliari  
Phone: +39 070 66 62 82

### Lillicu

This small one-roomed trattoria is located in the heart of the Marina district. It boasts a menu that reflects the

seasons.

Address: Via Sardegna 78, Cagliari  
Phone: +39 070 65 29 70

### **Pappa e Citti**

In the local dialect, "pappa e citti" means "eat and shut up." Here you can enjoy good pizzas and drink wonderful Sardinian beer for a very affordable price.

Address: Viale Trieste 66, Cagliari  
Phone: +39 070 66 57 70

### **Ristorante Basilio**

Ristorante Basilio was founded in 1950 and is a family-run business. With welcoming staff, pleasant atmosphere and tasty local cuisine it can only turn into a great dining experience. On the menu you will find dishes like sea bream with seafood and soup of mussels and clams.

Address: Via Sebastiano Satta No 112/A, Cagliari  
Phone: +39 070 48 03 30  
Internet: [www.ristorantebasilioagliari.com](http://www.ristorantebasilioagliari.com)

### **El Sabor Argentino**

Discover the flavours from Argentina at this typical South American restaurant where you can spend a very pleasant evening with good food and music. The restaurant is decorated in a typical South American style with warm colours, wooden tables and chairs.

This is where you can enjoy really tasty and genuine Argentinian meat for a reasonable price.

Address: Via Pola 16/a, Cagliari  
Phone: +39 070 65 26 00  
Internet: [www.elsaborargentino.it](http://www.elsaborargentino.it)

### **Mi Asian Restaurant**

Mi Asian Restaurant serves fusion cuisine using only fresh ingredients and high quality produce. The service is impeccable and the atmosphere casually elegant. This is an ideal place to explore the oriental flavour.

Address: Viale Bonaria 22, Cagliari  
Phone: +39 070 68 03 54  
Internet: [www.miasianrestaurant.it](http://www.miasianrestaurant.it)

### **PerBacco**

PerBacco is a small and cosy restaurant tucked away on a side street around the corner from the church of Saint Efsio. The menu is prepared personally by the owner Chef Sabrina Silvi and she offers the possibility to enjoy the flavours of land and sea.

Address: Via Santa Restituta 72, Cagliari  
Phone: +39 070 65 16 67  
Internet: [www.enoperbacco.it](http://www.enoperbacco.it)

### **Punjabi**

Punjabi is a great Indian restaurant with authentic Indian food. Here you can eat dishes like chicken korma, chicken mango, lamb tawa masala (lamb chops cooked in the oven with special sauce). At this restaurant you can expect an excellent service and tasty food for a reasonable price.

Address: Via Gioacchino Rossini, Cagliari  
Phone: +39 070 31 10 887

### **Capitolo Due**

Capitolo Due is the first restaurant that serves a mix of different cuisine from all over the world. Here you can relish Thai, Mexican, Indian and Japanese food. The restaurant has a warm and welcoming atmosphere with brick walls and vaulted ceilings.

Address: Vittorio Emanuele 199, Cagliari  
Phone: +39 0349 363 4761  
Internet: [www.capitolodue.com](http://www.capitolodue.com)

### **Ristorante Antica Cagliari**

The restaurant is ideally located in a picturesque narrow street in the Marina area. This restaurant serves delicious dishes of fish and meat, typical of Mediterranean cuisine and Sardinian tradition. Try the mussel soup or the traditional pasta with clams or with lobster.

Address: Via Sardegna 49, Cagliari

Phone: +39 070 73 40 198  
Internet: [www.anticacagliari.it](http://www.anticacagliari.it)

### **Da Cesare**

This elegant restaurant is situated inside Caesar's Hotel and offers impeccable service and excellent food in a relaxing environment. On the menu you will find Italian cuisine with many typical Sardinian dishes. All dishes are well prepared and beautifully presented.

Address: Via Darwin 2, Cagliari  
Phone: +39 070 34 07 50  
Internet: [www.caesarshotel.eu](http://www.caesarshotel.eu)

## **CAFES**



*Photo: Cristiano Cani*

When in Italy - take the chance to try some new types of caffè! How about:

Caffè con Panna - an espresso with fresh whipped cream  
Caffè Shakerato - coffee shaken with sugar and ice  
Marocchino – an espresso with cacao and milk foam

### **Caffè Librarium Nostrum**

Enjoy your drink while drinking in the view over the lagoon of the Santa Gilla Marsh and the old Stampace District. Occasionally there is also live music.

Address: Via Santa Croce 33, Cagliari  
Phone: +39 346 522 0212  
Internet: [www.caffelibarium.com](http://www.caffelibarium.com)

### **Caffè Mediterraneo**

Caffè Mediterraneo is famed for its coffee and pastries,

very popular with the locals and just across the road from the Santuario I Bonaria.

Address: Viale Armando Diaz 157, Cagliari  
Phone: +39 070 30 20 16  
Internet: [www.caffemediterraneo.com](http://www.caffemediterraneo.com)

### **Antico Caffè**

An old coffee shop located just below the Bastione San Remy. It offers great cappuccino and pastries in a pleasant atmosphere. This is a good place for people watching.

Address: Piazza Costituzione 10/11, Cagliari  
Phone: +39 070 65 82 06  
Internet: [www.anticocaffe1855.it](http://www.anticocaffe1855.it)

### **Svizzero**

A vaulted ceiling and old-world charm make visiting this traditional style café with a romantic atmosphere a must. This is a good place to have a breakfast.

Address: Largo Carlo Felice 6, Cagliari  
Phone: +39 070 65 37 84

### **Il Pancaffè**

Enjoy the freshly baked bread or sip a cup of coffee in an elegant and comfortable setting in Il Pancaffè. This is a good way to start the day or to take a break between all the shopping and tourist attractions.

Address: Via Gianturco 6, Cagliari  
Phone: +39 070 30 72 60  
Internet: [www.ilpancaffè.com](http://www.ilpancaffè.com)

## BARS & NIGHTLIFE



Photo: Beverly Trayner

The majority of bars in Cagliari tend to be in the older districts near the port and the Castello. The atmosphere is very Latin and relaxed, especially in the arcades of Via Roma.

As the capital city you would expect Cagliari to have the most lively nightclub scene on the island and it won't disappoint you! Most of the clubs are in the Marina, Stampace and Castello Districts, and don't miss Poetto Beach.

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### **Il Merlo Parlante**

Down an alley just off the Corso Vittorio Emanuele, this is a busy birreria very popular with students and international visitors.

Address: Via Porto Scalas 69, Cagliari  
Phone: +39 333 977 4573

### **Twist Bar**

For something different, get out of the town centre and go

to Poetto Beach. It's great for getting away from the city's heat and bustle.

Address: 1 Lungo Mare Poetto, Cagliari  
Phone: +39 070 380 934

### **Bossanova Wine Bar**

A great selection of wine and cocktails are served up here with live music on Wednesday and a DJ on Saturday.

Address: 309 Corso Vittorio Emanuele  
Phone: +39 347 301 69 18

### **Il Birrifico Di Cagliari**

This is a good old fashion pub with its own brewery and the first one of its kind in Sardinia. Here you can truly enjoy good beer, unfiltered and unpasteurized, served strictly on tap. If you are hungry, no not worry, there is a menu offering tasty and unique dishes.

Address: Via Isaac Newton 24, 09131 Cagliari  
Phone: +39 070 45 60 569  
Internet: [www.ilbirrificiodicagliari.com](http://www.ilbirrificiodicagliari.com)

### **Orus Cafè**

Orus Cafè is a two-story chic club where you can relax and chill out, however if you would like to dance, come over here on the weekends when the place turns into a disco. On Saturday nights it appeals more for the younger crowds while Friday nights is more for the mature clientele. Here you can also enjoy live music and well-made cocktails.

Address: Viale Trieste 35  
Phone: +39 070 23 56 338  
Internet: [www.oruscafe.it](http://www.oruscafe.it)



## SHOPPING



Photo: Pietro Zanarini

Cagliari has excellent shopping opportunities mainly concentrated in the Marina District, and especially on the arcaded Via Roma, where you will find the main department store, La Rinascente, as well as a good variety of boutiques and everyday shops. Other main department stores, Upim on the Piazza Della Repubblica and Standa on Via Jenner Edward 2, are a couple of miles north of the centre.

The French Hypermarket Auchan has invaded Cagliari and its two commercial centres, where you can buy just about anything, are located at Via San Simone, 60 - Località Santa Gilla and Via Dolianova, 35 ( [www.auchan.it](http://www.auchan.it) ).

If you are shopping for souvenirs, or local handicrafts such as baskets and gold filigree jewellery, there are several shops catering for these needs in the port area or try the ISOLA shop at Via Bacaredda 176. For regional specialities, try the food sections of the supermarkets or visit the indoor market, Mercato Coperto di San Benedetto, on the ss125 in the direction of Quartu S.Elena.

Sunday is a good day for markets with flea markets on the Bastione St.Remy, and also on Piazza Trento where Viale Trieste meets the corso Vittorio Emanuele. Antique and curio markets on Piazza del Carmine, take place on the first Sunday of the month, and on Piazza Carlo Alberto on the 2nd and 4th Sundays. If used bargains don't appeal to you, try the large market at St Elia Stadium, also on

Sundays, where new goods at bargain prices can be found.

## ACCOMMODATIONS

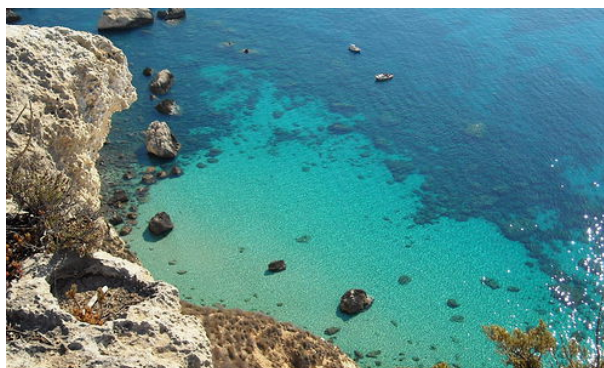


Photo: Cristiano Cani

Whether you are planning a vacation, a special weekend or a business meeting, rest assured, you will find a place that appeals to you. Cagliari and surrounding areas offer a wide variety of accommodation options.

### Hotel Regina Margherita

Found very close to the historic centre on a tree-lined avenue, the Hotel Regina Margherita offers luxury in climate-controlled rooms.

Address: Viale Regina Margherita 44, 09124 Cagliari

Phone: +39 070 68 45 01

Internet: [www.hotelreginamargherita.com](http://www.hotelreginamargherita.com)

### The T Hotel

Designer hotel located in a leafy quarter of town with fountains, plus a well-equipped fitness centre. If you would like to unwind use the spa and wellness centre inside the hotel.

Address: Via Dei Giudicati n. 66, 09131 Cagliari

Phone: +39 070 474 00

Internet: [www.thotel.it](http://www.thotel.it)

### Hotel Calamosca

This is the only hotel in Cagliari located on the coast, on an inlet of the Gulf of Angels. The restaurant terrace has a superb spot that overlooks the sea.

Address: Viale Calamosca 50

Phone: +39 070 37 16 28  
Internet: [www.hotelcalamosca.eu](http://www.hotelcalamosca.eu)

### **Hotel La Terrazza**

Located near Piazza Yenne close to the historical centre, shops and nightlife. La Terrazza is well furnished, pleasant and comfortable.

Address: Via S. Margherita 21, 09124 Cagliari  
Phone: +39 070 66 86 52  
Internet: [www.laterrazzahotel.com](http://www.laterrazzahotel.com)

### **Hotel Miramare**

Miramare is located in the charming Devoto Palace, one of the most impressive buildings in Cagliari, and is central for shopping, nightlife and the historic centre.

Address: Via Roma 59  
Phone: +39 070 66 40 21  
Internet: [www.hotelmiramarecagliari.it](http://www.hotelmiramarecagliari.it)

### **Caesar's Hotel**

Caesar's Hotel is located only 20 minutes on foot from the beach Poetto and you can reach the city centre with the nearby bus. At this hotel you can stay in one of the 48 rooms that provide all the modern comforts. There is also a fine restaurant inside where you can relish in quality food.

Address: Via Darwin, 2, 09126 Cagliari  
Phone: +39 070 34 07 50  
Internet: [www.caesarshotel.it](http://www.caesarshotel.it)

### **Due Colonne**

This three star hotel in central city is situated in a historic building from 1866, close to tourist attractions, shopping and restaurants. It offers the ultimate comfort with modern and spacious rooms. The staff is very friendly and helpful.

Address: Via Sardegna 4, 09124 Cagliari  
Phone: +39 070 65 87 10  
Internet: [www.hotelduecolonnecagliari.it](http://www.hotelduecolonnecagliari.it)

### **Holiday Inn Cagliari**

Have a relaxing and comfortable stay at the modern

Holiday Inn Cagliari hotel which is located only a few minutes' drive from Cagliari-Elmas Airport and Cagliari's historic centre. Take a refreshing swim in the outdoor pool or have a tasty cocktail at the American Bar & cocktail lounge "Le Saline".

Address: Viale Umberto Ticca 23, 090122 Cagliari  
Phone: +39 070 53 79  
Internet: [www.holidayinn.com](http://www.holidayinn.com)

### **Hotel Ulivi e Palme**

This three star hotel is located in a quiet district of Cagliari in the heart of city centre and only a few kilometres from the sea. It provides accommodation options in the forms of apartments, ranging from one room to four room flats, all with fully equipped kitchens. There are also single, double and family rooms.

Address: Via Bembo 25, 09131 Cagliari  
Phone: +39 070 48 58 61  
Internet: [www.uliviepalme.it](http://www.uliviepalme.it)

### **Rosso e Nero B&B**

Rosso e Nero is an excellent and glamorous bed and breakfast. It is situated in the Marina historic district, only two minutes' walk from the shopping area and close to tourist attractions. This small B&B offers bedrooms with private bathrooms and balconies overlooking the small square called Piazza Savoia.

Address: Savoia 6, 09124 Cagliari  
Phone: +39 070 65 66 73  
Internet: [www.rossoenerobeb.it](http://www.rossoenerobeb.it)

### **La Villa del Mare**

This Mediterranean style villa is beautifully located just minutes from Cagliari and overlooks the beach Poetto. All rooms are furnished in an elegant style and provide all the modern amenities. There are also comfortable apartments with fully equipped kitchens and cooking facilities.

Address: Lungomare Poetto 248, 09100 Cagliari  
Phone: +39 39 349 235 1359

### The Place Cagliari

The Place Cagliari is housed in an old 19th-century building in the old town. The exclusive rooms are each furnished with a different style in a unique way and the atmosphere can be described as elegant and discreet.

Address: Sant'Efisio, 59/61, 09124 Cagliari  
Phone: +39 070 68 01 65  
Internet: [www.theplacecagliari.com](http://www.theplacecagliari.com)

### Hostel Marina

You will find this hostel in an ancient building (a former monastery) located in the heart of the old city, surrounded by churches, museums, medieval age towers and a picturesque square. Here you will truly experience the history of beautiful Sardinia.

Address: Scalette San Sepolcro 2, 09124 Cagliari  
Phone: +39 070 67 08 18  
Internet: [www.hostelmarinacagliari.com](http://www.hostelmarinacagliari.com)

### Hotel Panorama

With four stars, this hotel offers a spectacular view over the wonderful "Gulf of the Angels". Hotel Panorama is ideally located only few minutes from the city centre and the Poetto beach which makes it a perfect starting point for tourist and business travellers. During your stay, why not enjoy the on-site outdoor swimming pool and drink a delicious drink at the hotel bar!

Address: Viale Diaz 231, 09126 Cagliari  
Phone: +39 070 30 76 91  
Internet: [www.hotelpanorama.it](http://www.hotelpanorama.it)

### La Peonia

La Peonia is a charming family-run bed & breakfast with a friendly atmosphere and offers high standards of accommodation. It is located a bit outside the city centre, about 15 minutes by bus. The house itself has a beautiful, romantic, neo-classic facade with a charming character.

Address: Via Alberto Riva Villasanta 77, 09134 Cagliari  
Phone: +39 070 51 31 64  
Internet: [www.lapeonia.com](http://www.lapeonia.com)

### EVENTS



Events from Nickes.Com

### ESSENTIAL INFORMATION



Photo: Francia\_TNT

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### Airport

Cagliari Elmas Airport is located 6km northwest of town.

Coaches connect the airport with the bus station in Piazza Matteotti in the city centre and run approximately every hour. The journey takes about 15 minutes. Taxis from the airport to the city are about €10-15.

Phone: +39 070 21 12 11  
Internet: [www.sogaer.com](http://www.sogaer.com)

### Public transport

Most of the points of interest can be reached easily on foot, although there is an extensive network of buses. Tickets can be obtained from newspaper vendors or tobacconists.

Internet: [www.ctmcagliari.it](http://www.ctmcagliari.it)

### Cycle Hire

Ichnusa Bike

Phone: +39 329 448 24 19  
Internet: [www.ichnusabike.it](http://www.ichnusabike.it)

### Taxi

Taxis are readily available in Piazza Matteotti and at the Railway Station.

Coop Radio Taxis  
Phone: +39 070 40 01 01

Radio Taxis  
Phone: +39 070 65 70 70

Taxi Amico  
Phone: +39 070 82 60 60

### Post

Ufficio Postale (the post office) is located at Piazza del Carmine 2729. Opening hours are 08.30–18.00 on weekdays, Saturdays 8.30–13.30 (closes 16.00 on the last day of the month or 12.00 if a Saturday).

Phone: +39 070 605 41 64  
Internet: [www.poste.it](http://www.poste.it)

### Pharmacy

Pharmacies offering emergency services change each week – consult local newspaper for 'farmacia di turno'.

### Electricity

220v, 50Hz

### Telephone

Country code: +39

Area code: 070 (always include the zero except when using mobile telephones)

### Population

156,000

### Currency

1 Euro = 100 cents

### Opening hours

Most shops are open from 08.30–09.00 till 12.30–13.00 and from 15.30–16.00 (17.00 in summer) till 19.30–20.00 Monday to Saturday with one early closing day, usually Wednesday.

### Newspapers

L'Unione Sarda  
La Nuova Sardegna  
Corriere della Sera (Italy's main daily)

### Emergency numbers

Fire Brigade: 115  
Ambulance: 118  
Police: 113  
Carabinieri: 112  
Local Police Station: +39 070 49 21 69  
Guardia Medica +39 070 52 05 52 (24 h, summer only)

### Tourist information

Cagliari Tourist Information Office  
Via Roma 145, Cagliari  
+39 338 649 8498

